

# Evangeline Glass Journal 05 (1976-1980)

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*Editor’s Note: This journal is from much later in Evangeline’s life. Most of it covers the years 1977 through 1980, or rather touches upon various events in those years. It is clear from the first part of the journal that Evangeline was very interested in the Unity Church founded by Charles Fillmore. This church was and is still thriving in Evangeline’s home state of Ohio, and in other parts of the Midwest. We have included some information about it in our Wiki Standard Info for Comments file.*

*There are only two entries having to do with PB. J05.056 contains notes from their meeting in Cannes, France; the entry itself is made by Melody and it has to do with her (Evangeline was present but did not take notes that we have). Melody was 21 in 1978; she was just then getting herself back together after a rough adolescence, and was now fully focused on her spiritual life. J05.045 is notes made by Evangeline herself; it was the next to the last time that she met with PB, as he fell victim of a massive stroke less than a year later. During this visit PB suggested that Beau Glass accept the position of Music Director at the University of Iowa in Iowa City – rather a large cultural lurch from their decades in Zurich, but they acted on PB’s suggestion and happily remained there for many years.*

*Anything marked “Guruji,” “G,” “Raphael,” or “O” is either a reference to PB, or is meant to be a direct quote from him. Most of the book notes and quotes are those garnered by Evangeline for her own use, though the philosophical texts are likely to have been PB’s suggestion. Evangeline sometimes refers to herself as “Eva,” “Noel,” or “N” – and sometimes refers to herself in the third person, or is transcribing a message from PB where that occurs. In order to make the entries more easily navigable, we have added titles to each entry. All these titles were created by our team and have not been confirmed by Evangeline or her daughter Melody Talcott. For more information about the people and texts Evangeline quotes or*

*references here, please see the file titled "Wiki Standard Info for Comments." For more information about the formatting that we have implemented please see the file titled "Introductory Readers' Guide." This guide includes two tables detailing the chronology of the journals. We have introduced minimal changes to the text; our changes deal with inconsistencies of spelling, educated guesses at illegible words, and the rare modification of grammar for clarity's sake. Whenever there is any question as to whether what is typed is what Evangeline wrote, please consult the associated scan of the original pages, currently to be found in a PDF of the same name. – Timothy Smith (TJS), 2020*

## **J05.001**

P.B.<sup>1</sup> and Unity

Evangeline<sup>2</sup>

## **J05.003 – Poem: "I am the place where God shines through"**

I<sup>3</sup> am the place where God shines through,  
For He and I are One, not two.  
I need not fear, nor fret, nor plan.  
He wants me where and as I am.  
And if I'll be relaxed and free  
He'll carry out His plan through me.  
(anonymous)<sup>4</sup>

## **J05.005 – Book Excerpt from Stella Mann's "How to Analyze and Overcome Your Fears"**

Stella<sup>5</sup> Mann:<sup>6</sup>

"If<sup>7</sup> you have trouble identifying a fear, ask yourself what it would take to make you blissfully and utterly happy. Then ask yourself what seems to be standing in the

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<sup>1</sup> Page 1 (front cover)

<sup>2</sup> Page 2 (inside front cover)

<sup>3</sup> Page 3

<sup>4</sup> Page 4 is blank.

<sup>5</sup> Page 5

<sup>6</sup> Stella Mann (1898-1990) wrote "How to Use the Power of Your Word," published by Unity School of Christianity in 1974. Previous books include "Change Your Life Through Prayer" (1949), "Change Your Life Through Love" (1949), and "Change Your Life Through Work and Faith" (1953).

<sup>7</sup> This excerpt is from Mann's "How to Analyze and Overcome Your Fears," published 1962.

way or keeping you from that happiness. This will uncover the fear, and then you can trace it and erase it easily.”

“Open my eyes that I may see.”

Living Light<sup>8</sup>

## **J05.007 – Possibly Excerpts from Winifred Hausmann’s “Your God-Given Potential”**

“I<sup>9</sup> take into my being the light and love of Spirit:

I give forth into the world only light and love.”

[Develop your God-Given Potential  
(Hausmann<sup>10</sup> – begin of series –August ’76]

Remember the qualities you seek cannot be forced into expression. {They}<sup>11</sup> grow most easily in atmosphere of relaxed expectancy. And they especially respond to happy encouraging thought suggestions of praise and thanksgiving.

Blessing,<sup>12</sup> too, the recognition of the living presence of God in the center.

“All things are possible to him who believes.”

“Faith is the assurance of things hoped for, the conviction of things not seen.”

Understood in this light faith is that quality in us which enables us to look past appearances of lack, limitation or difficulty, take hold of<sup>13</sup> the divine idea and believe in it even though we do not see any evidence of it except in our mind. Through faith we know with an inner knowing the Truth that has not yet expressed in our manifest world.

Charles Fillmore defines faith as “the perceiving power of the mind linked with the power to shape substance... a deep inner knowing that that which is sought is already ours for the taking.”

We<sup>14</sup> see that faith, exercised under the Christ dominion, is a faculty that actually brings about the good results we seek. It shapes substance according to the pattern we

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<sup>8</sup> Page 6 is blank.

<sup>9</sup> Page 7

<sup>10</sup> Winifred Wilkinson Hausmann (1922-2012), a minister in Cleveland, Ohio, wrote many books on spirituality. “Your God-Given Potential: Unfolding the Twelve Spiritual Powers” was first published in 1978.

<sup>11</sup> We changed “The” to “They” for clarity.

<sup>12</sup> Page 9. (Page 8 is blank.)

<sup>13</sup> Page 11. (Page 10 is blank.)

<sup>14</sup> Page 13. (Page 12 is blank.)

are holding in mind. It brings forth the good we have accepted with our perceptive inner vision. It is the link between God ideas in the mind and the expression of them in the world.

Faith goes beyond thinking to knowing with<sup>15</sup> the whole being the Truth of the unseen good.

We should center the faculty of faith on our inner vision and our inner hearing (not outer), developing this faculty through prayer to know the potential God has given us. At its highest level, faith is directed by our spiritual nature from the Christ center at the crown of the head.

We determine the direction of our faith, and as we do, we determine the results that we will have in our life.

Conversely,<sup>16</sup> when we look at the results we have been getting in our life, we can see where we have been putting our faith. If the conditions are not what we want, we can, by changing the direction of our faith, change the results.

Fillmore:<sup>17</sup> ...if they had understanding they would affirm the presence and power of God until the very substance of Spirit would appear in consciousness.

Conviction<sup>18</sup> is developed faith, settled and permanent.

“Conviction refuses to be influenced by the senses because it is founded in spiritual thought.”

The word “conviction” is derived from two Latin words – vincere meaning to conquer and con, which serves to intensify its meaning.

When<sup>19</sup> we have conquered all doubts, fears and even the temptation to judge by<sup>20</sup> our senses, we reach this point of spiritual conviction.

To develop our faculty of faith from receptivity to realization, we speak to ourself positive, powerful words of Truth.

Do not be tense and anxious about developing these God-given abilities. Invite them. Encourage them. Let them grow under the Christ dominion.

Always let your faith and your senses be ruled by the Christ of your<sup>21</sup> own nature – spreading his light of Truth from the center at the apex of the head.

These are the statements for the steps:

Receptivity: “I am receptive to divine ideas.”

Assent: “I accept the idea of my innate divinity.”

Belief: “I believe with all my thinking ability that I am God’s perfect child.”

Trust: “I trust God with all my heart.”

Faith: “I act on the faith that I am God’s perfect child.”

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<sup>15</sup> Page 15. (Page 14 is blank.)

<sup>16</sup> Page 17. (Page 16 is blank.)

<sup>17</sup> Evangeline inserted an asterisk in the left margin next to this line.

<sup>18</sup> Page 19. (Page 18 is blank.)

<sup>19</sup> Evangeline inserted an asterisk in the left margin next to this line.

<sup>20</sup> Page 21. (Page 20 is blank.)

<sup>21</sup> Page 23. (Page 22 is blank.)

Conviction:<sup>22</sup> "I<sup>23</sup> identify with the all-conquering truth that I am a spiritual being, living in a spiritual universe, governed by spiritual ideas."  
(Faith is the first of your God-given powers. Encourage it. Let it grow in you.)<sup>24</sup>

## **J05.027 - 1977 October - Russell Kemp "The Good That You Ought to Have"**

The<sup>25</sup> Good That You Ought to Have - Russell Kemp<sup>26</sup>  
Unity Oct. 1977

"We must frustration for freedom to do what we want to do. We trade our ruts for channels.

I know my heavenly Father-Mother created me for success. I was born to succeed, to be healthy and happy and to thrive and to prosper.

I therefore disown all past experiences of lack, ill health, failure,<sup>27</sup> or dissatisfaction and turn my attention away from them. I resolve to occupy my attention with that which I want to experience - and I want to experience all the good my soul desires.

I impress myself with this joyous idea:

Good is always glad to happen!

I<sup>28</sup> do not need to strive or strain to bring Good into my life. I only need to relax from striving and straining and let what wants to become mine take place in my life.

First - I will watch my words. I will keep them

positive

productive

optimistic

successful

I will refuse to dwell<sup>29</sup> on the failures and shortcomings of others.

Resolutely and with determination turn away from dissatisfaction with the human sense of things and the fears and ominous predictions of worse things still to come.

Instead I anchor my attention on the great promise of God to his children. "A thousand shall fall at thy side and 10<sup>30</sup> thousand at thy right hand but it shall not come nigh to thee... there shall no evil befall thee."

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<sup>22</sup> Page 25. (Page 24 is blank.)

<sup>23</sup> Evangeline inserted an asterisk in the left margin next to this line.

<sup>24</sup> Page 26 is blank.

<sup>25</sup> Page 27

<sup>26</sup> Russell Kemp is the author of "Live Youthfully Now," published in 1970 by the Unity School of Christianity.

<sup>27</sup> Page 29. (Page 28 is blank.)

<sup>28</sup> Page 31. (Page 30 is blank.)

<sup>29</sup> Page 33. (Page 32 is blank.)

Why should any evil come near me, how could it come near me, if I am mentally dwelling in the all-powerful presence of All-Good.

Pythagoras observed: "Anger begins in folly and ends in repentance."

Pope:<sup>31</sup> "To be angry is to revenge the faults of others upon ourselves."

Marcus<sup>32</sup> Antonius:<sup>33</sup> "We really suffer more from our anger and grief than from the actual things for which we were angry and grieved."

If<sup>34</sup> I am not enjoying the good that is for me, and that I know I ought to have, I will not blame life, or the system, or my parents, or even myself.

I will waste no time and energy in negative thought and<sup>35</sup> emotion than I would throw away my money.

No, I want the good that wants me.

I am going to live where I really {live},<sup>36</sup> think where I really think, and choose the parts I shall play in life, right within myself. Right where I live, in my own mind-life. I reject that which I already know is not good, and refuse to further indulge in it.

Then<sup>37</sup> strengthen me, O limitless strength.

Hearten me, O heartwarming love.

Guide and impel me, O infinite wisdom.

Nudge me, push me, check me, restrain me.

Open my mental eyes to what I need to see.

Open my mental ears to what I need to hear.

Guide my feet. Keep me steady and firm and strong. Make me a credit to my Maker and not a debit to myself.<sup>38</sup>

## **J05.043 – Address, Phone, and Map for Society for the Protection of Animals**

Societe<sup>39</sup> Protectrice des Animaux  
11 chem Hammerfeld  
Montagne Verte –  
(88) - 30.19.90.

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<sup>30</sup> Page 35. (Page 34 is blank.)

<sup>31</sup> Alexander Pope

<sup>32</sup> Page 37. (Page 36 is blank.)

<sup>33</sup> a.k.a. Mark Antony

<sup>34</sup> Evangeline inserted an asterisk in the left margin next to this line.

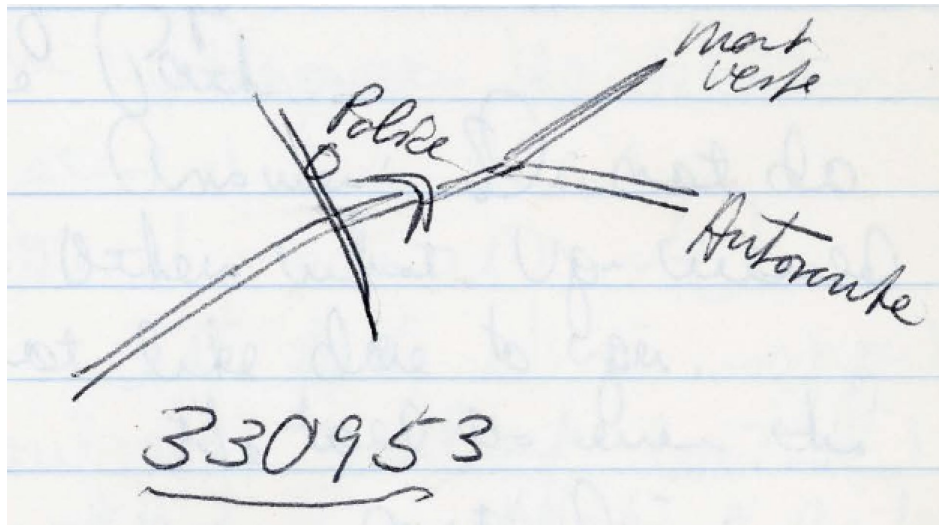
<sup>35</sup> Page 39. (Page 38 is blank.)

<sup>36</sup> We changed "life" to "live" for clarity.

<sup>37</sup> Page 41. (Page 40 is blank.)

<sup>38</sup> Page 42 is blank.

<sup>39</sup> Page 43



## J05.045 - 1980 June - Vevey, Switzerland - Visit with PB

P.B.<sup>40</sup> - Vevey - June 1980

(Next to last visit<sup>41</sup> while living in Urikon.<sup>42</sup> Melody and I)

I asked him if in one sentence he could give me a guide as to live my life as a student on the Path.

Answer: Do not do to others what you would not like done to you.

He told us even though we were not living close physically in the future we could at times unmistakably feel his Presence. Also He told me if I practice "Mentalism" I could be close to him.

We<sup>43</sup> should only let each other know about what bothers us at the end of the day in writing. Then the "victim" can correct without becoming emotionally upset.

An avatar will appear in the not too distant future. He will tell us where and when to find him.

Iowa City<sup>44</sup> will be a place where all three of us will have growth and expression of our talents.

The<sup>45</sup> good karma of 1 of us immediately affects the other as we are so closely linked karmically.

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<sup>40</sup> Page 45. (Page 44 is blank.)

<sup>41</sup> PB died in July of 1981; he had a massive stroke in the spring of that year and was unable to speak thereafter. Evangeline saw him once more after this June 1980 visit. - TJS '20

<sup>42</sup> Ürikon is a village on Lake Zurich, about 10 miles outside Zurich, Switzerland. This is where Evangeline was staying; PB himself was in La Tour de Peliz, Switzerland. - TJS '20

<sup>43</sup> Page 46

<sup>44</sup> At PB's encouragement Beaumont Glass took a position at the University of Iowa that year, and the family left Switzerland before PB died. - TJS '20

<sup>45</sup> Page 47

Carter<sup>46</sup> rules his life and country by “slogans” instead of deep wisdom.

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You can help P.B. the most by turning him over to the Higher Power. Put him in God’s hands.

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You can help the world the most by first getting yourself in order.<sup>47</sup>

## **J05.051 – “I should write B.”**

I<sup>48</sup> should write B. Thank you for your kind letter. All my family is well and happy thank you. I pray that your Guru can heal you from your sickness –<sup>49</sup>

## **J05.053 – Recipe (in German) for Oriental Applesauce**

Pikante<sup>50</sup> Sossen.

Oriental<sup>51</sup> Apfelsosse<sup>52</sup>

## **J05.056 – 1978 Spring – Cannes, France – Melody (Evangeline’s daughter)**

Thursday<sup>53</sup> night<sup>54</sup> visit at P.B.’s in Cannes, Spring 1978.

P.B.’s leaf:

“We had a nice peaceful evening – a time of peace...”

“Who wants this leaf?” laying it on the table.

“I do.”

“Isn’t it meant for Melody?”

“Yes. Keep it with you always.”

“Where does this leaf come from P.B.?”

“I<sup>55</sup> don’t remember. I would have to concentrate on it.” Sits down to think. Silence. Does not answer the question.

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<sup>46</sup> Jimmy Carter, then president of the United States

<sup>47</sup> Pages 48-50 are blank. On page 49, there is a note from an archivist that the next 30 pages of the journal are blank (and so were not scanned).

<sup>48</sup> Page 51

<sup>49</sup> Page 52 is blank.

<sup>50</sup> Page 53

<sup>51</sup> We did not type the recipe, which is in German. If interested, see the original scan.

<sup>52</sup> Pages 54 and 55 are blank.

<sup>53</sup> Page 56

<sup>54</sup> These pages were in reverse order and written upside down in the original journal, written by Evangeline’s daughter Melody as a teenager. We have scanned them in chronological order for readability.



In the last two minutes the thought of peace and “I am free of all limitation,” raised me out of my little self. I felt that I found a tool to brake the illusion of limitation. After meditation, I felt elevated and refreshed. But my mind was pressed with unanswered<sup>56</sup> questions trying to enter my consciousness. I felt there was something I had yet to do, to think, to work for. I felt there was some major step I had not yet taken, some task I had left unaccomplished. I went out on the porch. I began to say: “Please, give me an answer. Answer me. What is it I am looking for. Please give me the answer I am looking for.”

Later, gazing at the vast dark expanses of sky and ocean<sup>57</sup> and woodlands, the answer came to me – I realized I should ask P.B. for the answer to my question, and the question I had been searching for came into my consciousness. I began to ask the great mind stretching out in that vast landscape to show me my way. I said: now is the time to find a straight path to my destiny, a direct<sup>58</sup> route without any obstacles. As I said this, the sound of a plane passed overhead. Reveal my goal to me. Reveal the direction I am to take. Release the latent powers within me. Open the reservoir of my knowledge. Uncover the powers within me which lie there in waiting in their already developed forms. Show me the things I already am, so I can move swiftly towards the fulfillment of my life’s<sup>59</sup> destiny. There is no more need of obstacles. It is time to move forward without hindrance.

[The<sup>60</sup> question is: What is to be done now to realize this goal? What must I do now, what is left for me to do now, what last step is there for me to take now in order to release the power and consciousness within me, which is lying in waiting, so I will be will both make me aware of one path and carry me towards its goal?]

My<sup>61</sup> question is:

What last step must I take in order to become conscious of my path of destiny. What step must I take to release the powers already fully developed within me which lay in waiting for my consciousness to allow them to work through me and allow them to carry me swiftly towards my life’s goal. I know deep within<sup>62</sup> me, that if I found the answer to {these}<sup>63</sup> questions, there would be no more obstacles in my way and the wisdom and the power will appear in their developed forms to carry me towards a greater life, and a nobler existence.

I will ask P.B.: What final step must I take in order to release my potential.

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<sup>55</sup> Page 57

<sup>56</sup> Page 58

<sup>57</sup> Page 59

<sup>58</sup> Page 60

<sup>59</sup> Page 61

<sup>60</sup> Melody deleted this paragraph by marking a giant “X” over it. She also made many edits which are unclear; this is our best guess as to how it is meant to read.

<sup>61</sup> Page 62

<sup>62</sup> Page 63

<sup>63</sup> We changed “this” to “these” for clarity.

## J05.065 - Notes

Seeds:<sup>64</sup> Thomas Merton books right away!!!

window bath

43<sup>65</sup> ½

1 inch screws.

8 3 2 thread<sup>66</sup>

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<sup>64</sup> Page 65

<sup>65</sup> This is shown in an illustration as the width of a window, with arrows pointing outward in both directions from 43½ to the sides of the frame.

<sup>66</sup> Pages 66 and 67 (inside back cover and back cover) are blank.